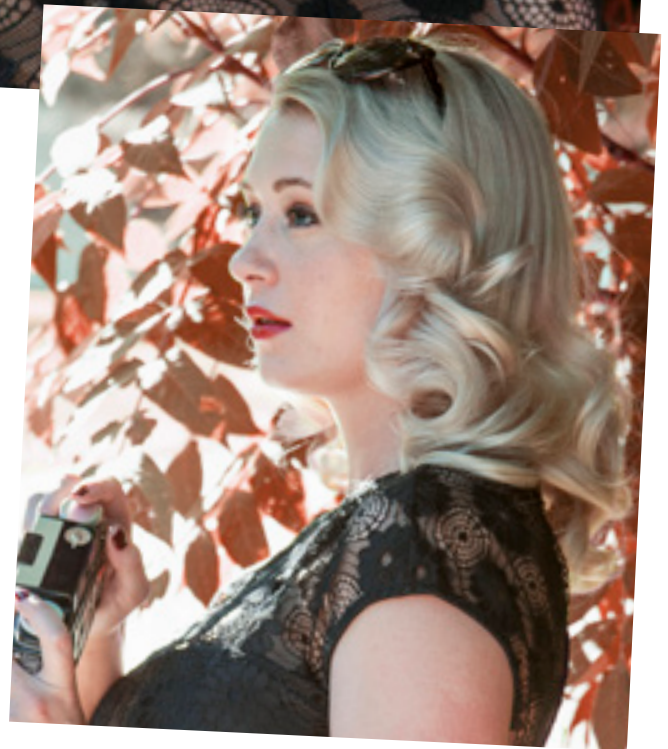


Nora

Hairstyle Tutorial

By: Lauren Rennells



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The **Nora** hairstyle gets its name from the character Lauren Bacall plays in the film noir classic **Key Largo**. Bacall's hairstyle was always elegant, with soft curls and a freeness that appeared like she could run her fingers through it and never mess up its shape.

The model's hair on the previous page is medium in thickness and the length is 3 inches past her shoulders. In the next step images, the mannequin's hair is about 3 inches longer, but these are the exact steps I did on the model for the shoot on the first page.

Supplies

thermal hair setting spray
hairspray
smoothing cream
¾" curling iron

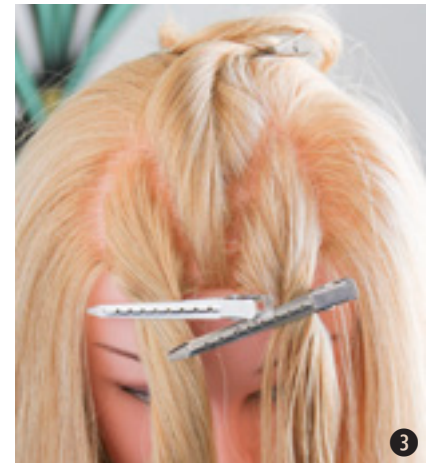
carbon tail comb
natural bristle grooming brush
detangle teaser brush
styling brush

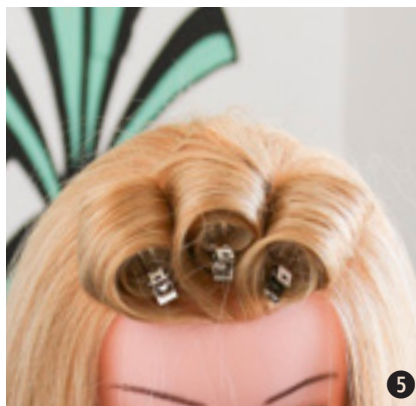
grip bob pins
duckbill clips
hair clips
playing cards

Sectioning



- 1 There are 2 segments to this hairstyle. The first is a horseshoe shape that is parted from the peak of the left eyebrow, back, and around down to the peak of the right eyebrow. The second section is the rest of the hair.
- 2 Prep the hair by spraying thermal hair setting spray from root to ends.
- 3 Section one is separated into 3 equal, pie shaped pieces for curling.





4 Curl these 3 pieces in on-base curls with the 3/4 inch curling iron in an arched pattern.

5 The arching curl pattern will look like this. Each curl is slightly rotated the one before it. Clip the curls in place to cool.



6 Move to the back of the second section. At the nape of the neck, separate out a section that is a little over an inch tall that runs from one side to the other. Spray the section with thermal styling spray from root to ends and comb the product through.

7 Barrel curl across the section with the curls rolling down toward the floor. Clip the curls in place to cool.



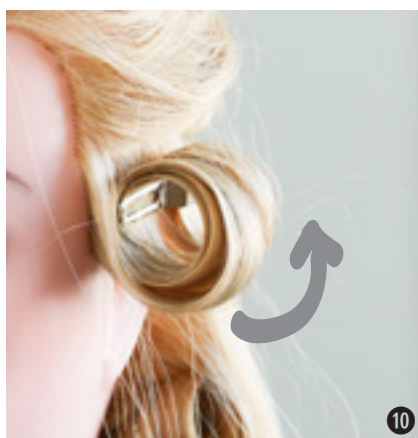
8 Move up and part out another sections of hair that is a little more than an inch tall and runs from above one ear and around to the other ear. Spray the section with thermal styling spray from root to ends and comb the product through.



9 This row of hair will be curled “opposite” of the way the lower section was. You will still curl in barrel curls, but place the curling iron over the top of the hair section with the shell of the curling iron under the hair section. Then roll the curling iron up away from the floor.



10 Clip the curl in place to cool.



11 Continue this curl around the entire section with the barrel rolling up towards the ceiling.



12 After this second roll is done, let the rest of the hair down. Spray the section with thermal styling spray from root to ends and comb the product through. Curl this third section with barrel curls that roll down toward the floor as the lowest row did. These pieces should also roll a little low, so that the hair at the back of the crown stays straight, not curly. Just the ends of this hairstyle will be curly in this section. Clip the curls in place to cool.



By alternating the direction of the curls, you have created a skip-wave pattern.

13 My favorite brush for brushing out waves is this plastic detangling brush available at most drug and beauty supply stores.

14 Remove all of the hair clips from 2nd section of hair. Use the detangling brush to brush straight down from root to ends through all of the curls.

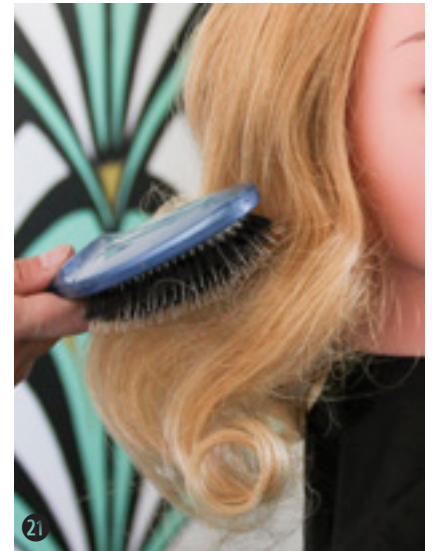
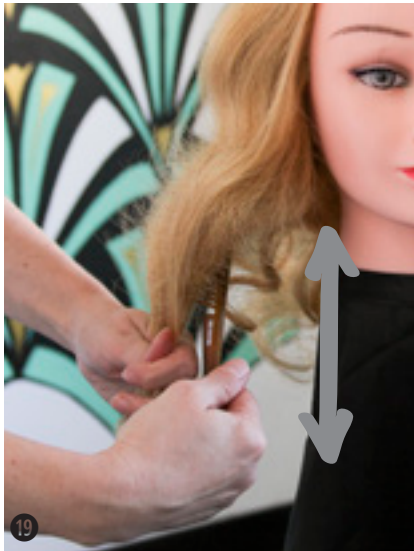
15 Continue around the head brushing straight down to break up the curls and form a wave effect in the hair.

16 Spread some frizz control cream in your hands.

17 Work the frizz control cream through the hair.

18 Comb down and shape the waves using your hand to press the shape.





- 19 Working around the lower ends of the hair, brush the hair down and hold the ends in your hand. Then, holding the hair taut with one hand, back-comb underneath to lock the wave in.
- 20 Spread and shape the wave with your fingers.
- 21 With a soft bristle brush, smooth out the exterior hairs in the waves shape to smooth and perfect the appearance. Do the same underneath the hair. Do not put too much pressure on the brush or you pull out the back-combing too much. Be gentle with the brushing pressure so that the wave still holds its shape.





22 Remove the clips from the curls in the 1st section. Use the detangling brush to brush all of the curls up and together.



23 Use a comb to back-comb at the base near the roots of the hair to lock them together.



24 Let the hair fall back and to the left. Smooth over the top with a styling brush and move the brush over the wave in an arched pattern to help shape the wave. Keep gentle pressure on the curves with your fingers to hold the arch in place as you move to the next curve.

26 Spray the hair with hairspray and immediately attach duckbill clips to the arches to hold and set. Cut pieces of playing cards work great at protecting the hair from getting marks from the clips.

25 Continue to smooth over the section of hair in a s-shape to define the wave. Keep gentle pressure on the curves with your fingers

27 I inserted a couple grip bob pins to hold the curl at the end in place to lay flat against the hair and keep it sleek.





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